



## MFA Technical Centre

### Trials to assess players to enter Year 7 ~ Entry to the National Sport School

#### Preparation

1. Players to be called at the Technical Centre Training Ground.  
Where possible, students are split up by 1<sup>st</sup> six months AND 2<sup>nd</sup> six months of the year; height/weight ~ Bio-banding.
2. Players to be divided in **separate teams** each with 4 + Goalkeeper vs 4 + Goalkeeper
3. Each **team** to be given coloured bibs, all teams having different colour bibs.
4. Each **player** to have a different number.
5. **Coaches** to explain to players that they are to play games of 4 v 4 + Goalkeeper, free game without any restrictions, to play without fear and to enjoy themselves.

#### Methods of Trials ~ (TIPS: Technique 40%, Insight 15%, Personality 15% and Speed & Agility 30%)

1. **Teams** 4 + Goalkeeper vs 4 + Goalkeeper
2. **Playing Area** 30 meters x 40 meters with Goal posts 5 metres x 2 meters
3. **Footballs** Plenty (size 4)
4. **Teams** to play in a round robin.
5. **Games** of 20 minutes each (each **Team** plays 20 minutes x 3)
6. Technical Director, eight [8] staff Coaches, three [3] Goalkeepers' Coaches and two [2] Physical Trainers. All coaches to assess each player including goalkeeper.
7. **Coaches** to assess players from the side of the playing area. **Each Coach** to have Assessment Sheet for each player he has to assess.
8. **Each Coach** to give points to each player, on Technical Centre assessment forms
9. After trials, the assessment forms to be handed to Technical Centre administrator who will match the colour and bib number to the name of each player.
10. Technical Centre to compile the total number of points for each player.
11. Technical Centre to forward the final results to the National Sport School

**Technique:** Passing (weight & accuracy), Control (close & oriented), Dribbling, Shooting, First touch, Goalkeeper save and ball handling

**Insight:** Decision making, space awareness, and attacking or closing spaces moving in time

**Personality:** Leadership, positive encouragement, commitment, positive attitude and passive involvement **Speed & Agility:** Sprinting speed, quickness and change of direction, and reaction speed.

#### 2<sup>nd</sup> Trials to be repeated within a few days' time so that all the boys/girls are watched twice.

Same trials' methods are used. If, for any one of the two trials, a player is absent for any reason (sick/injured), no points will be awarded for the missed trial. **Scores from the two sessions will be aggregated and the top 20 outfield players plus the top 4 goalkeepers** will then qualify for the official application to NSS and 3<sup>rd</sup> and final trials.

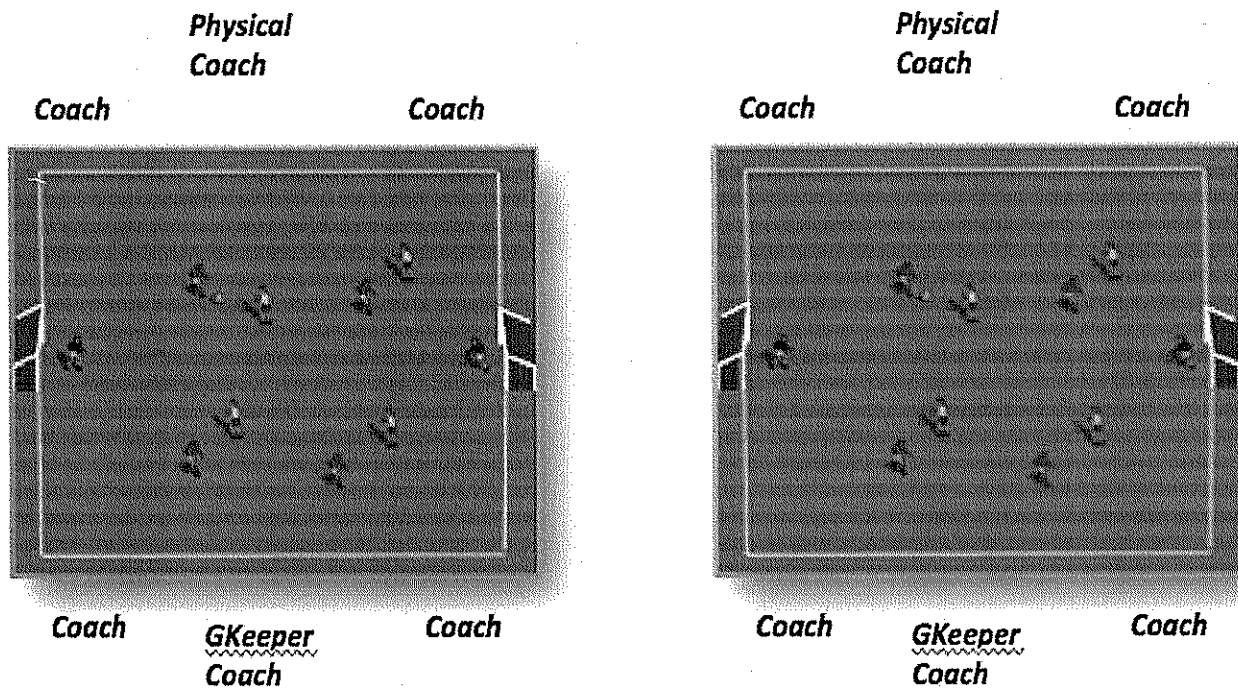
#### 3<sup>rd</sup> Trials for boys/girls best placed from both trials.

Same trials' methods are used. **Scores from the three sessions will be aggregated for final shortlist.**

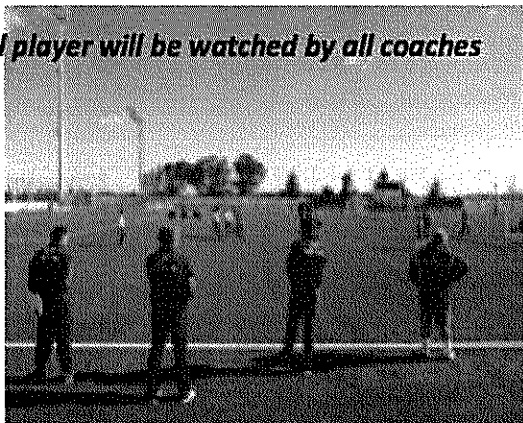
**NOTE:** During both trials staff coaches will be able to identify players **ONLY** by their bib colour and number as names of players do not appear on any assessment form.

## Graphical Methods of Trials

### Coordinator and Time Keeper



**All player will be watched by all coaches**



**Schedule of games.:**

**Each Team with 5 players**

**Games to be played on 2 small Pitches with goalposts**

**Each player will play these games of 20 minutes each for a total of 60 minutes**