



National Sport School Tennis Assessment Criteria

Date of Assessment: _____ Assessing coach: _____

Student's name: _____ Date of Birth: _____

Technical 28%	Student's Mark	Maximum Mark
Swing Technique (preparation, contact & follow through)		7
Timing of ball contact		7
Technical footwork and balance on shot		7
Ability to serve, playground strokes, volleys and overheads		7
Tactical 28%	Student's Mark	Maximum Mark
Understanding winning strategy		7
Understanding and implementing 'Right shot, right time'		7
Ability to comprehend opponents' strengths & weaknesses		7
Positioning and Court Awareness		7
Physiological — 24%	Student's Mark	Maximum Mark
Balance and Coordination		6
Speed and Agility		6
Strength and Power		6
Endurance		6
Ranking/tournament results - 20%	Student's Mark	Maximum Mark
Rank no.1 (20); no.2 (15); no.3 (10); no.4 (5) In case we have U10 players where no rankings exist: Winner U10 events (20); runner up (15); semi/finalists (10) Quarter finalist (5)		20
Total score:		100

Signature: _____