

NSS BASKETBALL ASSESSMENT FORM 2021



Venue: _____ Date: _____

Assessors: _____ ; _____

Name of Student: _____

Date of Birth: _____ Height: _____

Assessment Criteria	Student Mark	Maximum Points
TECHNICAL / TACTICAL		
Dribbling		
Control dribbling (right/ left)		5
Change of direction		5
Change of speed		5
Cross-over dribble		5
Between the legs dribble		5
Passing		
Catching the ball		5
Chest pass		5
Bounce pass		5
Shooting		
Lay-up strong hand		5
Lay-up Weak hand		5
Jump Shot		5
Dribble and Shoot		5

Defensive Skills		
Defensive stance		5
Defending a player		5
General Footwork		
Pivoting		5
Triple Threat Position		5
Awareness		
Court awareness / spacing		5
Travelling – Double dribble		5
Anthropometric		10
TOTAL		100

Assessor's Signatures

_____ ; _____ ; _____

Coordinator's Signature

_____ ; _____ ; _____