



MFA Technical Centre

Trials to assess players born **2006** ~ Entry to the National Sport School

Preparation

1. Players to be called at the Technical Centre Training Ground.
Where possible, students are split up by 1st six months AND 2nd six months of the year; height/weight ~ Bio-banding.
2. Players to be divided in **separate teams** each with 7 + Goalkeeper vs 7 + Goalkeeper
3. Each **team** to be given coloured bibs, all teams having different colour bibs.
4. Each **player** to have a different number.
5. **Coaches** to explain to players that they are to play games of 7 v 7 + Goalkeepers

Methods of Trials ~ (TIPS: Technique 40%, Insight 15%, Personality 15% and Speed & Agility 30%)

1. **Teams** 7 + Goalkeeper vs 7 + Goalkeeper
2. **Playing Area** 60 meters x 45 meters with goal posts 5 meters x 2 meters
3. **Footballs** Plenty (size 4)
4. **Teams** to play in a round robin.
5. **Games** of 20 minutes each (each player to play a maximum of 60 minutes)
6. Technical Director, eight [8] staff Coaches & Physical Coaches, three [3] Goalkeepers' coaches.
7. Eight (8) coaches to assess each outfield player. Goalkeeper's coaches to assess goalkeepers.
8. **Coaches** to assess players from the side of the playing area and /or from the terraces.
Each Coach to have Assessment Sheet for each player he has to assess.
8. **Each Coach** to give points to each player, on Technical Centre assessment forms
9. After trials, the assessment forms to be handed to Technical Centre administrator who will match the colour and bib number to the name of each player.
10. Technical Centre to compile the total number of points for each player.
11. Technical Centre to forward the final results to the National Sport School

Technique: *Passing (weight & accuracy), Control (close & oriented), Dribbling, Shooting, First touch, Goalkeeper save and ball handling*

Insight: *Decision making, space awareness, and attacking or closing spaces moving in time*

Personality: *Leadership, positive encouragement, commitment, positive attitude and passive involvement*

Speed & Agility: *Sprinting speed, quickness and change of direction, and reaction speed.*

2nd Trials to be repeated within a few days' time so that all the boys/girls are watched twice.

Same trials' methods are used. If, for any one of the two trials, a player is absent for any reason (sick/injured), no points will be awarded for the missed trial. **Scores from the two sessions will be aggregated and the top nine [9] players/goalkeepers** will then qualify for the next phase of the selection process.

NOTE: During both trials staff coaches will be able to identify players **ONLY** by their bib colour and number as names of players do not appear on any assessment form.